

Indoor Play

Transition Activity

Mouse likes to make games out of things around the house...

Make an obstacle course using chairs, pillows, cardboard boxes or anything else you can find...

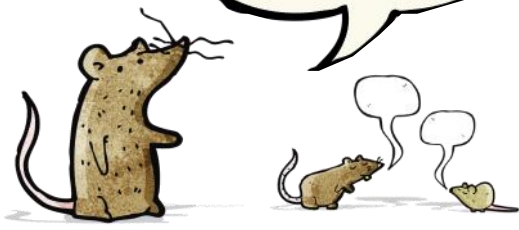
Can your child and Mouse crawl over, in front of, inside, through, under and between the objects?



Encourage your child to talk to you and to Mouse about what they are doing

You could also...

- put on some music and dance with Mouse
- do star jumps



Games to play with Mouse...

Here are two of Mouse's favourite games you can play together!

Hide and seek

Mouse loves to play hiding games!

Can your child go and hide with Mouse?

Count loudly to 5 and then go looking for them...

Now it's your turn to hide. See if they can find you!

Or...

Your child could hide Mouse for you to find.

If you get closer to Mouse, they shout "warmer!" If you get further away, they shout "colder!"



Mouse says...

Give the family an instruction (like "Wave your arms").

If you start the instruction with "Mouse says...", everyone has to do it.

If you don't say "Mouse says", people mustn't do it!

Mouse says clap your hands!



Put your hands on your head!

How are you helping?

- Moving around and dancing helps your child to strengthen their muscles and keep fit and healthy
- Learning to follow instructions will be important at school

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